



COACHING COVENANT

COACHEE COMMITS TO:

1. To participate in six total sessions meeting once a month for one.
2. To complete goals and action plans for each sessions.
3. To pray and participate in this process and give it my best.
4. To provide honest evaluation and feedback to my coach after session 3 as to whether this is beneficial and if we need to continue.

COACH COMMITS TO:

1. To prepare for each session.
2. To pray for the coachee.
3. To provide resources and coaching for a period no longer than six months with a three-month evaluation.

MUTUAL COMMITMENT

- To maintain confidentiality of the coaching sessions. I agree to this covenant.

Coach

Date

Coachee

Date

EMAIL TO: lccheek814@gmail.com